

TLi – POST RECOVERY CARE

This Topical Light Infusion® (TLi) Post Recovery program is 17 minutes in duration. Adding **Lightwave Red Light Therapy*** will increase the treatment time. The goal of this program is to drive in powerful ingredients to stimulate a biological change within the skin. Our post ablative serum and cream use a multitude of ingredients including Vitamin C and GHK Copper peptide to improve hydration, reduce inflammation and stimulate normal skin remodeling. This potent two step formulation method is designed to help heal the skin quickly and reduce the formation of scar tissue during the re-epithelialization and wound healing process following peels, laser, or surgical procedures.

Note: To activate the Topical Light Infusion® setting on the system, you must first purchase Topical Light Infusion® topicals. Only Topical Light Infusion® topicals can be used with this system. Additionally, take all necessary before pictures of target area prior to starting session number one. If the photos are taken at the conclusion of the treatment, the skin can temporarily appear flushed and red in color.

1. Prepare the Skin: It is important to properly prep the skin for Topical Light Infusion®. This is done by thoroughly cleansing the skin with the abi Corrective Wash. This will ensure all excess oil, make-up, dirt, and debris has been removed. For skin that has undergone significant ablation such as a CO2 laser, it is suggested to wait until at least day 3 before infusing any Topical Light Infusion topicals. However, with micro needling and peels, topicals can be infused the same day. However, topicals should be applied to clean skin so anything on the skin will need to be removed prior to any infusions of topicals.

**Lightwave LED Light therapy option: Including an LED light therapy session with your Topical Light Infusion® treatment will provide the best possible results. This can be done by completing a standard LIGHTWAVE treatment before completing the Topical Light Infusion® program. If you are limited on time, you can pre-treat the skin by turning on the "LW" button at the bottom of your screen prior to starting the TLi program. This will add a RED ONLY LED light session to the beginning of your treatment and increase your treatment time.*

2. Topical Application: First remove cap from Step 1 Post ablative serum syringe and disperse a small amount onto the tips of your index and fore finger. Gently apply serum on the skin starting at the forehead and working your way down the face to ensure an even amount is applied. Reapply serum to fingertips as needed. You have been provided with enough serum to cover the face and neck

area. Allow serum to penetrate the skin for 1-2 minutes before moving on to step 2. Next, remove cap from Step 2 Post Ablative cream syringe and disperse a small amount onto the tips of your index and for finger. Gently apply cream on the skin starting at the forehead and working your way down the face to ensure an even amount is applied.

Precautions: Once both topicals have been applied, shield the patient's eyes by fitting the protective goggles in place. The use of goggles is required to minimize brightness and to avoid any incidental eye exposure.

3. Treatment Instructions: Place the Topical Light Infusion panel directly over the face and neck area. To maximize the results of the treatment, make sure all six panels are as close to the target area as comfortably possible. Activate the TLi treatment. The LED dome panel will remain lit for 17 minutes. The light is pulsing even though it appears to be constant. Therefore, individuals with epilepsy should be monitored closely.

4. Post Care: Finally, at the end of the Topical Light Infusion® treatment, remove the LED panel. Next, apply abi's Post Ablative Treatment Balm for lasered skin or abi's Hydrating Recovery Gel for less aggressive ablative treatments to help keep the skin protected. It is also important to always have the patient increase their water intake by at least 8oz following a treatment.

NUMBER OF SUGGESTED TREATMENTS: An initial 3-5 treatment series is recommended for this protocol over a 2-week period. The client should receive Topical Light Infusion® treatments two - three times a week with at least 24 hours between treatment sessions. A follow-up treatment session should occur on week 3 which will allow the body's new healthy skin cells to reach the skin's surface. Maintenance treatments are as needed. The Combination of LIGHTWAVE™ and Topical Light Infusion® are highly recommended for the best possible outcome.