

## TLi - REVITALIZING RETINOL MASK

The Topical Light Infusion® (TLi) Revitalizing Retinol Mask is 20 minutes in duration. Adding **Lightwave Red Light Therapy\*** will increase the treatment time. This results oriented mask boosts cell turnover and improves cellular communication resulting in improved tone, texture, and overall skin health. It assists in collagen production and reduces fine lines and wrinkles to create a vibrantly youthful complexion. This gel mask contains both a powerful percentage of encapsulated retinol as well as Longevicell®, which has been shown to stimulate the protein that increases cell longevity and prevents dermal tissue from becoming ridged.

*Note: To activate the Topical Light Infusion® setting on the system, you must first purchase Topical Light Infusion® topicals. Only Topical Light Infusion® topicals can be used with this system. Additionally, take all necessary before pictures of target area prior to starting session number one. If the photos are taken at the conclusion of the treatment, the skin can temporarily appear flushed and red in color.*

**1. Prepare the Skin:** It is important to properly prep the skin for Topical Light Infusion®. This is done by thoroughly cleansing the skin with the abi Enzyme Wash. This will ensure all excess oil, make-up, dirt, and debris has been removed. For significantly aged and/or sun damaged skin, additional exfoliation is recommended prior to starting the Topical Light Infusion® treatment. Microdermabrasion or abi's various scrubs and chemical peels are all highly effective in properly preparing the skin.

*\*Lightwave LED Light therapy option: Including an LED light therapy session with your Topical Light Infusion® treatment will provide the best possible results. This can be done by completing a standard LIGHTWAVE treatment before completing the Topical Light Infusion® program. If you are limited on time, you can pre-treat the skin by turning on the "LW" button at the bottom of your screen prior to starting the TLi program. This will add a RED ONLY LED light session to the beginning of your treatment and increase your treatment time.*

**2. Topical Application:** Remove cap from the Revitalizing Retinol Mask syringe before starting. This mask can be applied using your fingers or a mask brush. If you use a mask brush, you will need to empty the syringe into a small container before applying. Spread a thin layer on the face starting at the forehead and working your way down. Keep applying additional layers until you have used the entire contents of the pre-dosed syringe. You do not need to

massage the mask into the skin as the light will drive it in.

*Precautions: Once the mask has been applied, shield the patient's eyes by fitting the protective goggles in place. The use of goggles is required to minimize brightness and to avoid any incidental eye exposure.*

**3. TLi Light Step:** Place the LED panel directly over the face and neck area. To maximize the results of the treatment, make sure all six panels are as close to the target area as comfortably possible. Activate the TLi treatment. The LED dome panel will remain lit for 20 minutes. The light is pulsing even though it appears to be constant. Therefore, individuals with epilepsy should be monitored closely.

**4. Post Care:** After the blue light has shut off, remove the LED panel. Then use a damp sponge to remove the mask. Please note that most of the mask will have penetrated the skin so only a film may be left to remove. Next, sweep the face with ABI's Calming Cucumber Mist to balance the pH levels and ensure all traces of the mask have been removed. Apply a dime size amount of the abi's Hydrating Recovery Gel. Allow the product to penetrate. Then apply abi's Moisturizing Antioxidant to help protect the skin's natural moisture factor. Finally, apply sunscreen to protect the skin from any future UV damage. It is important to always have the patient increase their water intake by at least 8oz following a treatment.

**NUMBER OF SUGGESTED TREATMENTS:** This mask is used as a stand-alone one to four session treatment or in conjunction with our standard Wrinkle Repair Topical Light Infusion series. When using it as a stand-alone series, it is recommended not to do this mask more than once a week. If it is used in a series, it is recommended to start the series with 2 Wrinkle Repair treatments and then insert boosting masks throughout. A mask can be performed once a week or every third session. Please note, you would not do a standard Wrinkle Repair treatment on the same day you perform the mask infusion. This mask is ideal for increasing cell turnover and decongesting the skin. For maintenance, it is recommended once every 4-6 weeks or as needed. The Combination of LIGHTWAVE™ and Topical Light Infusion® are highly recommended for the best possible outcome.