

CHOCOLATE COVERED STRAWBERRY VALENTINE'S FACIAL

SUGGESTED RETAIL	\$75-\$200 (depending on steps completed)
SUGGESTED TIME	30-75 minutes
SKIN TYPES	Recommended for normal to oily skin, including mature and acne prone.
DESCRIPTION	Stimulate a healthy, radiant glow this new year and get your skin into shape. ABI's Chocolate covered Strawberry Facial is perfect for combating winter blues and can be performed as often as every two weeks. The powerful fusion of strawberry, chocolate and green tea make this treatment ideal for increasing cell turnover, decongesting clogged pores and nourishing dull, life-less skin.
BENEFITS	<ul style="list-style-type: none">• Increases cell turnover to improve tone and texture.• Gently removes impurities, excess oil and dead skin to lighten and brighten.• Helps remove congestion and reduce the appearance of blemishes.• Stimulates collagen production to help with fine lines and wrinkles.• Brightens skin, reduces the appearance of pores size.
CAUTIONS OR NOTES	BEFORE STARTING: It is recommended you perform a small patch test with ABI's Strawberries and Cream Micro Peel to determine client sensitivity. Most clients will feel a slight tightening effect but will not feel any sensitivity. However, ABI's Strawberries and Cream Micro Peel can be <u>highly</u> reactive on sensitive skin and can cause the skin to become flushed and red. If your client is sensitive and any flushing or redness occurs, please note it generally subsides within 30-45 minutes after removal of the peel.
DIRECTIONS	<p>STEP 1 CLEANSE: Cleanse the face using ABI's Exfoliating Enzyme Wash to break down and remove dirt and debris. Remove wash with steamed towel.</p> <p>STEP 2 STRAWBERRIES AND CREAM MICRO PEEL: Initially apply ABI's Strawberries and Cream Micro Peel to the areas of the cheek bones, and smile lines. Then fan out in upward direction. Massage gently for 1-2 minutes to remove dead skin cells and stimulate cell turnover. OPTIONAL STEP 2 REGENERATE: Regenerate in the Strawberries and Cream Micro Peel.</p> <p>STEP 3 DETOXIFYING CHOCOLATE MASK: Apply a THIN layer of ABI's Detoxifying Dark Chocolate Mask over ABI's strawberries and cream micro peel. Allow to penetrate for up to 10 minutes. If you have the Allure Infuse tool, you can use the cool setting with or without vibration over top of ABI's Chocolate Mask. Remove with tepid/warm (NOT HOT) sponges or warm soft towel.</p> <p>STEP 4 PEPTIDE PRO NUTRIENT INFUSION (This step is optional for LIGHTWAVE system owners): After removing dead skin cells and detoxifying skin tissue, replenish needed nutrients with LIGHTWAVE's Peptide Nutrient Topical Light Infusion treatment. This will use pulses of blue light energy to bend and flex skin care formulation molecules so they can easily penetrate the skin. This will infuse antioxidants and provide extra plumping and hydration. At the end of the infusion, remove any leftover skin care film with steamed towel so that the LED red light photons can easily be penetrated the skin in step 5. This will not remove the nutrients that have already been infused into the skin.</p> <p>STEP 5 LED LIGHTWAVE RED LIGHT (Optional): After infusing peptides and nutrients into the skin, expose the skin for 10 minutes of LED Red Light. The photon or light particles will increase blood circulation and ATP production so that the peptides and nutrients can be immediately used by the skin. The LED light therapy treatment will also reduce redness and stimulate collagen production.</p> <p>STEP 6 PROTECTION: To provide additional nourishment, apply a single pump of ABI's Intense Antioxidant over entire face and neck area. Massage gently into the skin with fingertips or Allure Infuse Tool and allow to absorb. Apply a single pump of ABI's Firming Peptide Cream over entire face and neck area. Massage gently into the skin. For daytime protection, sunscreen should also be applied.</p>