

## TLi - PLUMPING HYDRATION BOOSTING GEL MASK

The LIGHTWAVE Topical Light Infusion® (TLi) Plumping Hydration Gel Mask is 15 minutes in duration. Adding **Lightwave Red Light Therapy\*** will increase the treatment time. This concentrated TLi gel-based mask is infused with a powerful blend of hyaluronic acid, Pentavintin®, Peptan® marine collagen peptide, and nourishing vitamins. In as little as 15 minutes, these clinical strength ingredients rapidly restore hydration levels, improve microcirculation, and calm the skin. The skin usually appears luminous, more hydrated and plumper after just one to two treatments.

*Note: To activate the Topical Light Infusion® setting on the system, you must first purchase Topical Light Infusion®. Only Topical Light Infusion can be used with this system. Additionally, take all necessary before pictures of target area prior to starting session number one. If the photos are taken at the conclusion of the treatment, the skin can temporarily appear flushed and red in color.*

**1. Prepare the Skin:** It is important to properly prep the skin for Topical Light Infusion®. This is done by thoroughly cleansing the skin with the abi Enzyme Wash. This will ensure all excess oil, make-up, dirt, and debris has been removed. For significantly aged and/or sun damaged skin additional exfoliation is recommended prior to starting the treatment. Microdermabrasion or abi's various scrubs and chemical peels are all highly effective in properly preparing the skin.

*\*Lightwave LED Light therapy option: Including an LED light therapy session with your Topical Light Infusion® treatment will provide the best possible results. This can be done by completing a standard LIGHTWAVE treatment before completing the Topical Light Infusion® program. If you are limited on time, you can pre-treat the skin by turning on the "LW" button at the bottom of your screen prior to starting the TLi program. This will add a RED ONLY LED light session to the beginning of your treatment and increase your treatment time.*

**2. Topical Application:** This is a single step treatment. First, open the foil packet at the tear notch and remove the gel mask. Gently unfold the topically infused gel mask. Place the mask on the face with the eyes, nose and mouth openings positioned in the appropriate places. To maximize the mask, smooth the gel so that it lays flat on the skin and covers as much area as possible but still allows the client to

feel comfortable. Apply any excess liquid from the Packet to the décolleté area.

*Precautions: Once the mask has been applied, shield the patient's eyes by fitting the protective goggles in place. The use of goggles is required to minimize brightness and to avoid any incidental eye exposure.*

**3. TLi Light Step:** Place the LED panel directly over the face and neck area. To maximize the results of the treatment, make sure all six panels are completely over the target area and the client is as comfortable possible. Activate TLi treatment. The LED dome panel will remain lit for 15 minutes. The blue light is pulsing even though it appears to be constant. Therefore, individuals with epilepsy should be monitored closely.

**4. Post Care:** After the blue light has shut off, remove the goggles and LED panel. Then remove the gel mask and discard. Please note that the topicals from the mask will have penetrated the skin so it will not be necessary to rinse anything off the skin. Next, Apply a dime size amount of the abi's Hydrating Recovery Gel. Finally, apply sunscreen to protect the skin from any future UV damage. It is important to always have the patient increase their water intake by at least 8oz following a treatment.

**NUMBER OF SUGGESTED TREATMENTS:** This mask is used as a stand-alone 1-4 session treatment or with our standard Wrinkle Repair Topical Light Infusion series. When using it as a stand-alone series, it is recommended not to do this mask more than twice a week. If it is used in a series, start the series with 2 Wrinkle Repair TLi treatments and then insert boosting masks throughout. If it is used in a series, start the series with this mask and follow with 3 Wrinkle Repair TLi treatments and then insert one to two more boosting gel masks throughout the series. For maintenance, it is recommended to perform a TLi treatment every 4-6 weeks or as needed.