The Topical Light Infusion® (TLi) Blemish and Oil Mask is 20 minutes in duration. Adding Lightwave Red Light Therapy® will increase the treatment time. This effective mask is great at reducing inflammation; detoxify skin tissue and helping to diminish unsightly blemishes. This gel-based mask contains the well-known ingredient, Dermasyr™. Dermasyr™ has been shown to help reduce blemishes and inflammatory hyperpigmentation as well as control redness and balance the skin flora.

**Note:** To activate the Topical Light Infusion® setting on the system, you must first purchase Topical Light Infusion® topicals. Only Topical Light Infusion® topicals can be used with this system. Additionally, take all necessary before pictures of target area prior to starting session number one. If the photos are taken at the conclusion of the treatment, the skin can temporarily appear flushed and red in color.

**1. Prepare the Skin:** It is important to properly prep the skin for Topical Light Infusion®. This is done by thoroughly cleansing the skin with the abi Corrective Wash. This will ensure all excess oil, make-up, dirt, and debris has been removed. This mask can be done on the face or on body areas with blemishes as well.

*Lighwave LED Light therapy option:* Including an LED light therapy session with your Topical Light Infusion® treatment will provide the best possible results. This can be done by completing a standard LIGHTWAVE treatment before completing the Topical Light Infusion® program. If you are limited on time, you can pre-treat the skin by turning on the “LW” button at the bottom of your screen prior to starting the TLi program. This will add a RED ONLY LED light session to the END of your treatment and increase your treatment time.

**2. Topical Application:** Remove cap from the Blemish and Oil Mask syringe before starting. This mask can be applied using your fingers or a mask brush. If you use a mask brush, you will need to empty the syringe into a small container before applying it to the skin. Spread a thin layer on the face starting at the forehead and working your way down. Keep applying additional layers until you have used the entire contents of the pre-dosed syringe. You do not need to massage the mask into the skin as the light will drive it in.

**Precautions:** Once the mask has been applied, shield the patient’s eyes by fitting the protective goggles in place. If the treatment is being performed on the face and ar/neck area, the use of goggles is required to minimize brightness and to avoid any incidental eye exposure.

**3. TLi Light Step:** Place the LED panel directly over the face and neck area. To maximize the results of the treatment, make sure all six panels are as close to the target area as comfortably possible. Activate the TLi treatment. The LED dome panel will remain lit for 20 minutes. The light is pulsing even though it appears to be constant. Therefore, individuals with epilepsy should be monitored closely.

**4. Post Care:** After the light has shut off, remove the LED panel. Follow by cleansing the skin again to remove the mask. Please note that most of the mask will have penetrated the skin so only a film may be left to remove. Next, sweep the face with ABI’s Corrective Mist to ensure all traces of the mask have been removed. Apply a dime size amount of the abi’s Treatment Gel to any active blemishes. Allow the product to penetrate. Then apply abi’s Oil Free Moisturizer to the entire treatment area to help protect the skin’s natural moisture factor. Finally, sunscreen to protect the skin from any future UV damage. It is important to always have the patient increase their water intake by at least 8oz following a treatment.

**NUMBER OF SUGGESTED TREATMENTS:** This mask is designed to be used as a stand-alone single session treatment or in a series. When using it in a series, it is recommended to start the series with 2 Blemish and Oil treatments within the first week and then once a week for six to eight weeks thereafter. Please note, you would not want to discontinue using the mask until all active pustules have diminished. It is further recommended that the client continue to use the standard ABI acne kit for there at home care while completing a series of treatments. For maintenance, it is recommended once every 4-6 weeks or as needed to keep the skin clean and clear. The Combination of LIGHTWAVE™ and Topical Light Infusion® are highly recommended for the best possible outcome.